

QUEER MIGRANTS WELCOME



Health of LGBTQ* Migrants and Refugees

Elsa Rabe & Leyla Polat, Kontakt: erabe@uni-bielefeld.de; leyla.polat@uni-bielefeld.de
Fakultät für Gesundheitswissenschaften, Universität Bielefeld

Warum ist das Thema relevant?

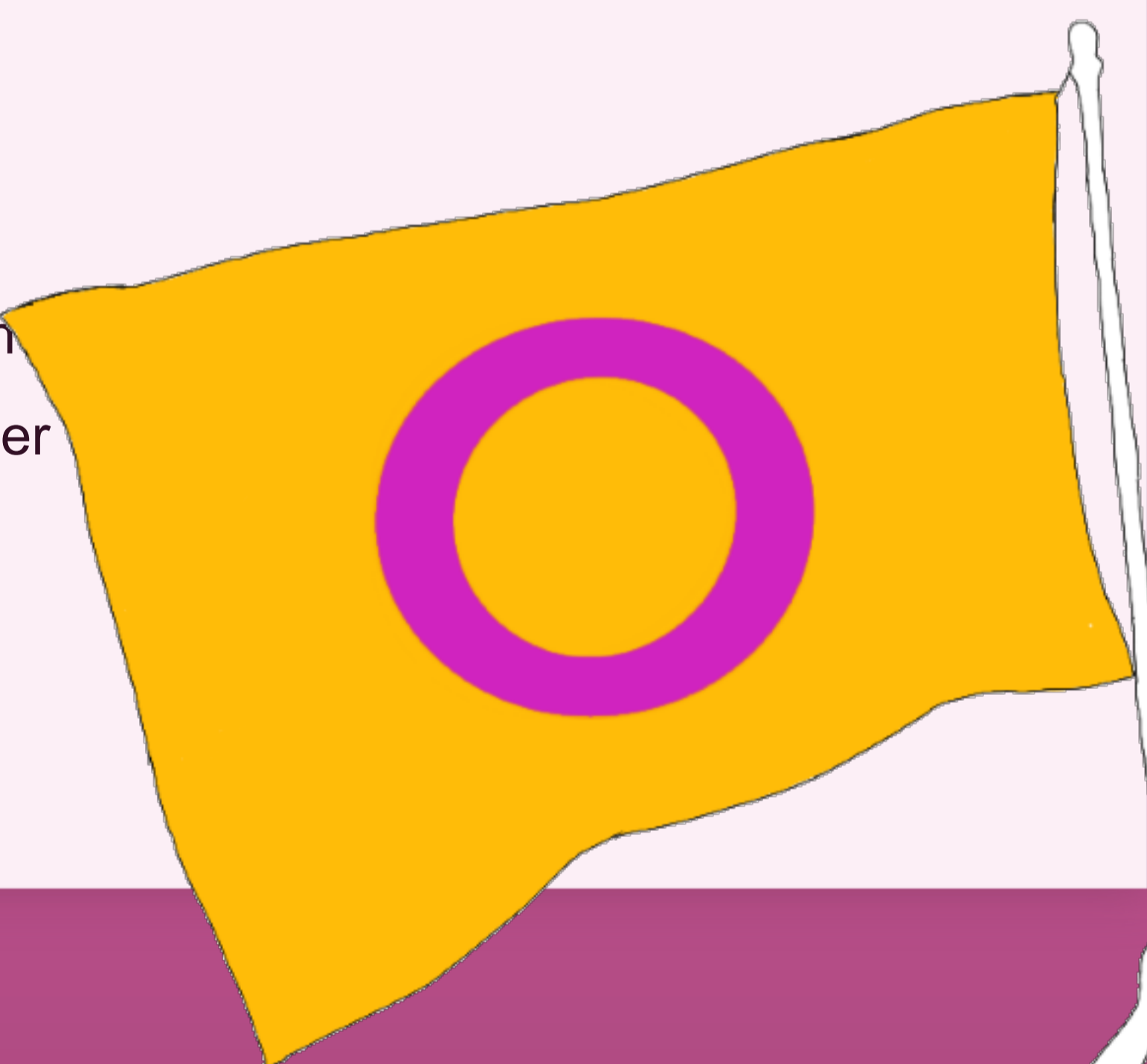
LGBTQI Menschen haben bestimmte erhöhte Gesundheitsrisiken

- erhöhtes Risiko auf z.B. Krebs und psychischen Erkrankungen (Hafeez et al., 2017; Kidd et al., 2016; Quinn et al., 2015; Streed et al., 2018)
- erhöhte Prävalenz für bestimmtes risikohaftes Gesundheitsverhalten, wie z.B. Rauchen, Alkoholkonsum, risikohaftes Sexualverhalten, weniger körperliche Aktivität, Stress (Clarke & Coughlin, 2012; Hafeez et al., 2017; Kamen et al., 2014)
- berichten von Schwierigkeiten und Barrieren im Gesundheitssystem und der Erreichbarkeit von Gesundheitsleistungen (Gonzales & Henning-Smith, 2017; Kidd et al., 2016)

Menschen mit Migrationshintergrund können erhöhte Gesundheitsrisiken aufweisen (Robert Koch-Institut, 2008)

- genaue Aussagen über den Gesundheitszustand von Migrant*innen und Geflüchteten in Europa sind schwierig, da die Gruppe sehr heterogen ist (World Health Organization, 2018)

Der World Health Organization Report über die Gesundheit von Migrant*Innen und Flüchtlingen in Europa (2018) betrachtet an keiner Stelle die Intersektionalität von Sexualität/Geschlechtsidentität und Migrationshintergrund.



Gay & Bi cis women

Cisgender/cis: term for someone who exclusively identifies as the sex assigned to them at birth. The term cisgender is not indicative of gender expression, sexual orientation, hormonal makeup, physical ability, or how one is perceived in daily life.

Lesbian/gay women: Women who experience sexual, romantic, physical, and/or spiritual attraction to other women.

BISEXUAL or BI: A person who experiences sexual, romantic, physical, and/or spiritual attraction to people of their own gender as well as other genders, not necessarily at the same time, in the same way, or to the same degree.

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Trans*

Transgender / Trans*: term for someone who does not exclusively identify as the sex assigned to them at birth. The term transgender is not indicative of gender expression, sexual orientation, hormonal makeup, physical anatomy, or how one is perceived in daily life.

Sex: refers to the physical, biological sex a person is assigned (usually at birth) based on their physical anatomy and hormonal makeup. Despite widespread belief sex is a spectrum and not everybody falls into the male or female category. These people are called **intersex** or **trans***.

Gender: refers to the personal, mental "sex" a person has. It can be any degree of male, female, a combination of both or neither. A person's gender does not always match their sex.

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Inter*

Intersex / Inter*: A person whose genetic, physiological or hormonal characteristics do not completely match a male or female pattern. It is not necessarily indicative of gender expression, gender identity, sexual orientation, or how one is perceived in daily life.

Intersex medical interventions: medical, hormonal or surgical interventions performed to make a person's appearance conform more to either male or female. It is usually done to make a person conform more to societal standards. It is very controversial as many regard it as an unnecessary medical intervention that might cause problems in their life.

Sex: refers to the physical, biological sex a person is assigned (usually at birth) based on their physical anatomy and hormonal makeup. Despite widespread belief sex is a spectrum and not everybody falls into the male or female category. These people are called **intersex** or **trans***.

Gender: refers to the personal, mental "sex" a person has. It can be any degree of male, female, a combination of both or neither. A person's gender does not always match their sex.

Blog **Resources**

Organisations for queer migrants and refugees

Here you can find some organisations that work in helping queer migrants and/or refugees. All organisations were contacted by us and confirmed that they were available for this group. If you want to suggest an organisation we have not listed here, please write us an E-mail or contact us on social media.

BaWü Bayern Berlin Brandenburg

Was war unser Ziel?

- Erschaffen einer neuen Gesundheitsressource, welche die Intersektionalität von Sexualität/Geschlechtsidentität/Intersex und Migrationsstatus/Flüchtlingsstatus behandelt
- Ressourcen zum Empowerment der Gruppe liefern
- Nicht-urteilende und leicht verständliche Informationen liefern
- Niedrigschwelliges Angebot erstellen
- Diversität der angesprochenen Gruppe beachten und respektieren
- Vermeidung von jeglicher Form der Diskriminierung
- Ressourcen vermitteln
- Ein Angebot schaffen, was von zukünftigen Praxisprojekten weiterentwickelt werden kann

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Bilder: Büğra Cakir

